

## Learn, Grow, Eat & GO!

- Student, Family, and Volunteer Engagement
- School gardens
- Physical activities
- Food tastings
- Recipe demonstrations
- Positive health outcomes
- Highly engaging activities
- Linked to grade level readiness and preparedness at current and future grade levels
- Supports college and career readiness

**Learn, Grow, Eat & GO! Curriculum provides ten (10) concepts of instruction that emphasize Science, Math, Language Arts/Reading, Writing, Social Studies, Physical Education, Health, Horticulture, and Nutrition all with a solid correlation to the Texas Essential Knowledge and Skills (TEKS) standards.**



- Total number of TEKS: 99
- Total number of TEKS eligible for STAAR testing: 36
- Total number of TEKS eligible for STAAR testing as Readiness Standards: 16
- Total number of TEKS eligible for STAAR testing as Supporting Standards: 20

For more information on the LEARN, GROW, EAT & GO! PROGRAM attend a training:

**July 16, 2015**

**9:00 a.m. - 4:00 p.m.**

**Thomas R. Leroy Education Center @ 9020 Airport Road, Conroe, TX**

**Cost: FREE \*Working Lunch Provided\***

**\*Participants will receive one (1) complimentary copy of the Learn, Grow, Eat & GO! Curriculum\***

**CBEC Hours Provided**

**Contact Person: Caren Walton-TGEG Project Coordinator**

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**Registration required: <http://www.cvent.com/d/7rq2jt>**

## What school personnel are saying about Learn, Grow, Eat & GO!

*We know that obesity is more common now than ever, so when we saw how excited the students were when we built the garden we knew this project was going to have a major impact on our students and community..." 3<sup>rd</sup> grade teachers*

*[This] is a perfect example of a wellness program that addresses a variety of interests and provides a lifelong wellness skillset...it is our hope that the students impacted by this program will continue to be wellness role models in the community." School District Wellness Personnel*

*"Grow! Eat! Go! helped plant a seed in our minds to implement fifty gardens in fifty of our schools." School District Program Specialist for Health and Physical Education*